



Training Briefing Bulletin

RE: **ASP INSTRUCTOR CERTIFICATION (AIC)**

This Training Briefing Bulletin is sent to you in an attempt to answer questions associated with the upcoming ASP Instructor training that you will receive. Should you have additional questions concerning this training, please contact: Training and Certification Section · Armament Systems and Procedures, INC · Box 1794 · Appleton, WI 54912 · (800) 236-6243 · training@asp-usa.com.

INSTRUCTOR SELECTION CRITERIA

The following standards are offered as guidelines for the selection of individuals to participate in the upcoming ASP Instructor Training Program. These criteria are general guidelines only to illustrate the equivalent level of fitness required for successful completion. The final responsibility for selection of Instructors rests with the individual's agency:

- A. No known heart or lung problems
- B. No known bone or joint disorders
- C. No history of back problems
- D. Able to perform a one-mile run in 12 minutes
- E. Able to do 25 push-ups consecutively
- F. Able to perform 50 bent leg sit-ups in consecutive order

PREPARATION

To prepare for the ASP Instructor Certification (AIC) Program, the following exercises should be undertaken:

- A. Wrist, elbow and shoulder limbering and strengthening
- B. Leg strengthening
- C. Back limbering
- D. Aerobic conditioning (fast walking, jogging, running, swimming and bicycling)

LIABILITY RELEASE

A Release from Liability must be signed by each individual prior to the training program.

INSTRUCTOR EQUIPMENT

ASP will provide the following materials for the training session. Some equipment will be yours to keep, and some will need to be returned to ASP after the class:

- | | |
|--|-------------------------------|
| A. Instructor Certification Manual | Q. Chain Ultra Cuffs |
| B. Information Sheet/Liability Release | R. Hinge Ultra Cuffs |
| C. Name Tag | S. Rigid Ultra Cuffs |
| D. Pen | T. Training Ultra Cuffs |
| E. Mouth Guard | U. Double Handcuff Case |
| F. Evaluation Form | V. Duty Handcuff Case |
| G. Use of Force Card | W. Handcuff Clip Key |
| H. Lapel Pin | X. Tri-Folds |
| I. Challenge Coin | Y. Clip Case |
| J. Trainer Patch | Z. Tri-Fold Pulls (2) |
| K. Whistle and Lanyard | AA. Tri-Fold Rings (6) |
| L. ASP Training Bag | BB. Scarab Cutter |
| M. ASP Foam Training Baton | CC. Duty Light |
| N. Training Baton Carrier | DD. Scribe AAA |
| O. Talon Baton | EE. Tactical Light Case (TLC) |
| P. Envoy Scabbard | |

PERSONAL TRAINING EQUIPMENT

Each individual participating in the class must have the following equipment:

- A. Pants (such as BDUs) and a belt that will accommodate duty gear
- B. Cup
- C. Shoes with good lateral and linear support (not running shoes)
- D. Duty Belt
- E. ASP Baton
- F. ASP Scabbard

FIREARMS

No functional firearms are allowed at the training.

PURCHASE EQUIPMENT

Past experience has demonstrated that the equipment which most frequently must be purchased by the agency for future ASP training includes the following:

- A. ASP Training Bags
- B. ASP Foam Training Batons
- C. ASP Training Baton Carriers
- D. ASP Batons
- E. ASP Scabbards
- F. ASP Handcuffs
- G. ASP Performance Lights
- H. Mouth Guards

This material may be obtained from a local police supply store. Please contact ASP for the Authorized Distributor nearest you.