

Harper College Transfer Planning Guide

Associate in Science – Nutrition Sample Plan

Transfer & Career Notes

A bachelor's degree with a major in dietetics, foods and nutrition, food service systems management, or a related field is the basic educational requirement for a dietitian. Coordinated programs include an internship.

Graduates of a bachelor's degree program that does not include an internship may enroll in a dietetic internship accredited by the American Dietetic Association (ADA). Some universities offer a program combining an internship and graduate study leading to a master's degree.

Suggested Courses

This sample transfer planning guide meets the requirements of the Fall 2019 AS degree. Students will choose a major within the Dietitian/Nutrition field at the four-year institution they attend. **Transfer institution requirements may vary – students should check individual college/university requirements before completing the sample plan as outlined.** Baccalaureate admission may be competitive; completion of these courses alone does not guarantee admission.

Requirements for schools vary. Students should check the individual school requirements before completing the curriculum as outlined.

Courses	Semester Hours
First Semester	
Communication - ENG 101 English Composition I	3
Mathematics - MTH 165 Elementary Statistics	4
Social and Behavior Science - PSY 101 Introduction to Psychology	3
Major Discipline and Transfer Elective – DIT 101 Fundamentals of Nutrition	3
Second Semester	
Communication - ENG 102 English Composition II	3
Physical and Life Science - BIO 115 Fundamentals of Cellular Biology	4
Major Discipline and Transfer Elective – See the AS Degree and transfer school information	3
Social and Behavioral Science - SOC 101 Introduction to Sociology	3
Major Discipline and Transfer Elective – See the AS Degree and transfer school information	3
Third Semester	
Physical and Life Science - CHM 121 General Chemistry I	5
Humanities and Fine Arts* – See the AS Degree and transfer school information	3
Major Discipline and Transfer Elective – See the AS Degree and transfer school information	3
Major Discipline and Transfer Elective – See the AS Degree and transfer school information	6
Fourth Semester	
Humanities and Fine Arts* – See the AS Degree and transfer school information	3
Additional Science - BIO 130 Microbiology	4
Major Discipline and Transfer Elective - CHM 201 Basic Organic Chemistry	4
Additional Mathematics - MTH 103 College Algebra	3
Communication - SPE 101 Fundamentals of Speech Communication	3

*For Humanities and Fine Arts select one course from humanities and one from fine arts. Interdisciplinary courses may count in either category.

One course from humanities and fine arts or social and behavioral sciences must meet the world cultures and diversity requirement for the Associate in Science degree.

Transfer Information

Many schools offer the nutrition major. A sampling of some in Illinois include:

- Benedictine University
- Bradley University
- Dominican University
- Eastern Illinois University
- Illinois State University
- Loyola University
- Northern Illinois University
- Southern Illinois University
- University of Illinois at Chicago
- University of Illinois at Urbana Champaign
- Western Illinois University

More Information

For additional transfer resources and to make an appointment with an advisor please contact:

Student Development A

A-347

847-925-6220

Occupational Outlook Handbook

<http://www.bls.gov/oco/>

The Princeton Review

<http://www.princetonreview.com/>

American Dietetic Association

<http://www.eatright.org>