

## HMS Human Services

### HMS 101 Introduction to Human Services (3-0) 3 crs.

Covers history and philosophy of human services profession; function and orientation of human services agencies and institutions; and career opportunities and qualifications at various entry levels of human services employment. Addresses current client populations, sociopolitical issues, and practice settings for micro and macro-level interventions. Includes opportunities for volunteer and/or shadowing experiences to help students better understand the human services profession for purposes of employment or continued education.

### HMS 102 Helping Skills in Human Services (3-0) 3 crs.

Studies practical aspects of helping strategies and interpersonal skills. Focuses on the use of techniques to improve communication, facilitate change, better evaluate relationships and resolve conflicts. Designed for persons in helping roles, professional and paraprofessional, or volunteers in Human Services and health care settings.

**Prerequisite:** Prior or concurrent enrollment in CHW 101 or HMS 101 with a grade of C or better.

### HMS 112 Group Work in Human Services (3-0) 3 crs.

Investigates group work theories, different types of groups, group dynamics, stages of group process, group facilitation, participant role/influences, and group counseling techniques. Effective participation in and facilitation of task and treatment groups is addressed comprehensively. Cooperative learning, exposure to practice settings and scenarios, group work with special populations, and role playing are incorporated into the learning experience.

**Prerequisite:** Prior or concurrent enrollment in HMS 101 with a grade of C or better.

### HMS 121 Multiculturalism in the Helping Professions (3-0) 3 crs.

Explores a variety of social, theoretical, psychological and political issues related to multicultural competency in Human Services practice. Concepts of race, ethnicity, culture, class, religion, gender, sexual orientation, ethnocentrism, oppression, and power will be explored. Experiential and community-engaged instruction is utilized to integrate current issues with culturally responsive service delivery. Practical application of acquired awareness, knowledge and skills will be stressed.

**Recommended:** Prior or concurrent enrollment in HMS 101 or CHW 101.

### HMS 211 Crisis Intervention (3-0) 3 crs.

Introduces techniques for beginning crisis counseling, including recognition of crisis, assessment of crises, and referral to the appropriate crisis agency. Special attention will be given to the process of intervention and to the recording of information regarding problems with alcohol and other drugs. Participants will implement a variety of crisis skills through an experiential format.

**Prerequisite:** HMS 102 with a grade of C or better.

### HMS 221 Introduction to Gerontology (3-0) 3 crs.

Introduces the field of social gerontology, utilizing a multidisciplinary approach to examine the basic biological, psychological and social theories of aging. Emphasizes the special needs and problems impacting the aged population. Examines historical, social, and cross-cultural issues in aging.

**Prerequisite:** HMS 102 and prior or concurrent enrollment in PSY 228 with grades of C or better.

### HMS 241 Disabilities and Human Service (3-0) 3 crs.

Introduces students to developmental, physical, and mental disabilities by exploring behavioral management programs, record maintenance, and facility and/or home maintenance techniques. Covers treatment history and present methods. Introduces students to working with an interdisciplinary team to provide care to a varied population.

**Prerequisite:** HMS 102 with a grade of C or better.

### HMS 251 Family Issues and Interventions (3-0) 3 crs.

Studies family dynamics with an emphasis on family preservation. Introduces various family theories, approaches and intervention strategies. Explores concepts related to intergenerational patterns of behavior and family traits. Introduces signs and symptoms of behaviors associated with abuse, domestic violence and neglect. Introduces basic family legal issues, ethics and reporting policies and procedure. Introduces the system and services of the local Department of Children and Family Services. Develops human service skills to service families. Explores range of services and resources available to families. Students will develop assessment skills with emphasis on relationships, parenting, abuse and/or neglect.

**Prerequisite:** HMS 102 and prior or concurrent enrollment in PSY 228 with grades of C or better.

### HMS 290 Human Services Practicum I (1-10) 3 crs.

Provides practical and occupational experience working in a Human Services Agency through a supervised 125-hour field placement. Exposes students to the agency's setting, operations, methods of service delivery and target population. Students will engage in direct service; and explore personal interests and potential for growth as a human services professional. Students will participate in seminar to assess, analyze and reflect upon the agency's inner workings and overall effectiveness, as well as upon their professional development and personal contributions to the agency.

**Prerequisite:** HMS 101 and HMS 102 with grades of C or better. Prior or concurrent enrollment in HMS 112 and HMS 121.

### HMS 291 Human Services Practicum II (1-10) 3 crs.

Provides a field practicum through 125-hour agency-based experience where students develop professional Human Services competencies in the application of generalist concepts that are incorporated throughout the academic curriculum. The practicum provides an opportunity for students to participate, with supervision, in a variety of planned multilevel Human Services interventions, to learn to work effectively in different Human Services settings, and to understand the everyday operations of community and social service systems. Field Practicum experiences are integrated into classroom seminars where they are examined within the context of the knowledge, values, theories and skills of the Human Services profession and generalist approach to Human Services practice. This course completes the foundational practicum requirements for the degree.

**Prerequisite:** HMS 290 and prior or concurrent enrollment in HMS 211 with grades of C or better.