

## PSY Psychology

### PSY 101 Introduction to Psychology (3-0) 3 crs.

Investigates human and animal behavior with emphasis on the scientific nature of contemporary and classic psychological investigation. Emphasizes psychological theories, principles, and research applications. Introduces the divisions of the American Psychological Association. References biological processes, sensation, perception, learning, memory, thinking, emotional life, mental disorders, intelligence, aptitude, personality, development, daily life and everyday problems. IAI S6 900

### PSY 106 Practical Psychology (1-0 to 3-0) 1-3 crs.

Presents a practical application of the psychological principles that lead to efficiency of learning, adjustment, motivation, communication and attitudes in everyday life and classroom situations. This course does not meet Social Science requirements; it is a Group 6 elective for the AA and AS degree programs.

### PSY 107 Humanistic Psychology: Personal Growth (3-0) 3 crs.

Focuses on each individual's potential and emphasizes the importance of personal growth and self-actualization. Major theories of humanistic psychology, change and psychosocial adjustment are presented. Aspects of behavior, life experience and personality that affect your overall sense of well-being and happiness will be examined. Students will explore how meaning and purpose contribute to a personally fulfilling life.

### PSY 108 Topics in Psychology (2-0 to 3-0) 2-3 crs.

Provides specific topic seminars which allow each student the opportunity to examine current issues, such as career development, developing self-esteem, happiness or personal development. The focus is on the analysis and organization of experiences for personal and positive growth. The exact content and instructional methodology will vary semester to semester depending on the material to be studied. A syllabus or course outline containing additional information will be available with pre-registration materials each time that the course is offered. This course may be repeated two times to a maximum of six credit hours.

### PSY 210 Introduction to Research in Psychology (3-0) 3 crs.

**This course is only offered in the spring term.**

Investigates the basics of scientific inquiry, corresponding methods and the various statistical and mathematical analyses used by psychologists. Explores ethical issues, data collection procedures, empirically-based literature as well as observational, correlational, experimental, quasi-experimental methods and introduces Structural Equation Modeling. Introduces SPSS and delineates the differences between basic and applied research.

**Prerequisite:** PSY 101 or consent of instructor.

### PSY 216 Child Psychology (3-0) 3 crs.

Investigates the psychological development of the child from conception through pubescence. Emphasizes the theories, principles and empirically derived findings of Child Psychology. Explores cultural and/or international contexts as well as normative and non-normative patterns of development. Discusses mortality during childhood. Integrates the various child psychopathologies. IAI S6 903

### PSY 217 Adolescent Psychology (3-0) 3 crs.

Investigates the psychological development of humans from late childhood through adolescence and young adulthood. Emphasizes the theories, principles and empirically derived findings of Adolescence Psychology. Explores cultural and/or international contexts as well as normative and non-normative patterns of development. Discusses mortality during adolescence. Integrates the study of adolescent psychopathologies. IAI S6 904

### PSY 218 Adult Psychology (3-0) 3 crs.

Investigates the biological, physical, social and psychological development of humans from young adulthood to death and through grief and bereavement. Emphasizes theories, principles and empirically derived findings of Adult Psychology. Addresses cultural and/or international contexts as well as normative and non-normative patterns of development. Discusses mortality throughout adulthood and adult psychopathologies. IAI S6 905

### PSY 220 Biological Basis of Behavior (3-0) 3 crs.

Investigates the biological, psychological and clinical approaches to understanding the nervous system as the basis of behavior. Explores perception, memory, motivation, learning and emotion from a biological perspective. Emphasizes the theories, principles and empirically derived findings of Biological Psychology.

**Prerequisite:** PSY 101 or consent of instructor.

### PSY 225 Theories of Personality (3-0) 3 crs.

Investigates the determining factors and dynamics of human personality including major historical and contemporary perspectives of personality. Emphasizes the theories, principles and empirically derived findings of personality. Evaluates assessment measures, their construction and appropriate use. Explores cultural and/or international contexts of personality.

**Prerequisite:** PSY 101 or consent of instructor.

### PSY 228 Psychology of Human Development (3-0) 3 crs.

Investigates the psychological development of humans from conception to death, through grief and bereavement. Investigates the theories, empirically derived science and principles of developmental researchers and developmental psychologists. Emphasizes cultural and/or international contexts as well as normative and non-normative patterns of development. Discusses mortality throughout the life-span. Integrates developmental psychopathologies. IAI S6 902

### PSY 230 Abnormal Psychology (3-0) 3 crs.

Investigates the classification, diagnosis, assessment, etiology and treatment of the mental disorders. Evaluates the theories, principles and empirically derived findings concerning the biological, psychological, social and cultural influences of abnormal behaviors. Introduces the Diagnostic and Statistical Manual of Mental Disorders (DSM) and its coding criteria, as well as the World Health Organization's statistical classifications (ICD). Explores the principles and practices of clinical psychologists and clinical researchers. IAI PSY 905

**Prerequisite:** PSY 101 (Introduction to Psychology/IAI S6 900) or consent of instructor.

### PSY 235 Learning Theory and Human Behavior (3-0) 3 crs.

Investigates the historical and contemporary principles of learning theories as applied to human and animal behaviors. Evaluates the application of learning theories and principles in a variety of settings and treatment modalities. Discusses the empirically derived findings of behaviorism and behavioral researchers.

**Prerequisite:** PSY 101 or consent of instructor.

### PSY 245 Industrial/Organizational Psychology (3-0) 3 crs.

Investigates organizational behavior. Explores theories, principles, applications and empirically derived findings of Industrial/Organizational Psychology. Emphasizes classic and contemporary leadership and motivation theories. Discusses structure and management practices; individual and work group behavior; employee culture and employer culture; and organizational conflict and resolution. Addresses international perspectives.

**Prerequisite:** PSY 101 or consent of instructor.

**PSY 251 African American Psychology (3-0) 3 crs.**

Explores African American psychology and introduces the integration of both African and American influences on the origins of African American psychology. Investigates the theories and principles from African American researchers and African American psychologists. Discusses lifespan development, life-events, health, mortality, education, work, career, religion, neighborhoods, communities, psychopathologies, and social interactions. Recognizes the contributions of African American Psychology to general psychology.

**Recommended:** PSY 101 is preferred but not required.