

# MASSAGE THERAPY

## Message Therapy Certificate

*This 24 credit-hour program prepares the graduate to be a massage therapist and sit for the required Massage and Bodywork Licensing Exam (MBLEx) and apply for state licensure as a Massage Therapist. Graduates also have the option to take the exam to become Board Certified for Therapeutic Massage and Bodywork. A massage therapist manipulates soft tissue to promote wellness as well as restore and improve function. Massage therapists are employed in diverse environments from chiropractic and rehabilitation settings to beauty and health spas. Many massage therapists own their own businesses as well as travel to on-site locations. Massage therapy can be a full-time career or part-time supplemental employment. This program combines clinical and didactic educational experiences to provide students with the necessary knowledge and skills to provide high-quality massage therapy care to clients with diverse background and clinical presentations. The Massage Therapy Program is programmatically accredited by the Commission on Massage Therapy Accreditation (900 Commonwealth Place, Suite 200-331, Virginia Beach, VA 23464, Phone: 202.888.6790, Email: info@comta.org, Website: www.comta.org). To work in the massage therapy profession, graduates must meet the requirements set by the Illinois Department of Financial and Professional Regulation (IDFPR): 18 years of age, high school graduate or equivalent (GED) and successfully pass a criminal background check. Graduates must pass the Massage and Bodywork Licensing Exam (MBLEx) and apply for licensure with the Illinois Department of Financial and Professional Regulation. Prospective students must meet the current program admissions requirements including a program orientation with the program coordinator.*

### FIRST SEMESTER:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 110	Massage Practice Fundamentals .....	1
MTP 112	Massage Therapy: Structure and Function I .....	2
MTP 115	Foundations of Massage Therapy I .....	3
MTP 118	Hydrotherapy and Introduction to Clinic .....	1.5
MTP 123	Integrative Palpation I .....	3

### SECOND SEMESTER:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 122	Massage Therapy: Structure and Function II .....	2
MTP 125	Foundations of Massage Therapy II .....	2.5
MTP 128	Massage Therapy Clinical I .....	1
MTP 133	Integrative Palpation II .....	2

### THIRD SEMESTER:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 135	Foundations of Massage Therapy III .....	2
MTP 136	Advanced Treatment Planning and Applied Therapies .....	2
MTP 137	Massage Practice Development .....	1
MTP 138	Massage Therapy Clinical II .....	1