

MASSAGE THERAPY

Massage Therapy Certificate

This 34 credit-hour program prepares the graduate to be a massage therapist and sit for the required National Board Exam. A massage therapist manipulates soft tissue to promote wellness, flexibility, and healing of the body, mind and spirit. Massage therapists are employed in diverse environments from chiropractic and rehabilitation settings to beauty and health spas. Many therapists own their own businesses as well as travel to on-site locations. Part-time supplemental employment as well as full-time careers are possible in this diverse profession.

The Massage Therapy profession requires that the therapist uphold high ethical standards and practices. Therapeutic massage requires close contact with clients and students in this program are expected to demonstrate professionalism and comply with the ethical standards of the profession during their treatment of clients.

Students interested in entering the field must meet the requirements set by the Illinois Department of Financial and Professional Regulation (IDFPR): 18 years of age, high school graduate or equivalent (GED) and successfully pass a criminal background check. Successful completion of MTP 100 (Introduction to Massage Therapy) is also required for admission to the program.

Graduates must pass the Massage Board Licensing Exam (MBLEx) and apply for licensure with the Illinois Department of Financial and Professional Regulation.

PREREQUISITE:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 100	Introduction to Massage Therapy	1

FIRST SEMESTER:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 110	Massage Practice Fundamentals	2
MTP 112	Massage Therapy: Structure and Function I	3
MTP 115	Foundations of Massage Therapy I	4
MTP 118	Hydrotherapy and Introduction to Clinic	2
MTP 123	Integrative Palpation I	3

SECOND SEMESTER:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 122	Massage Therapy: Structure and Function II	3
MTP 125	Foundations of Massage Therapy II	4
MTP 128	Massage Therapy Clinical I	1
MTP 133	Integrative Palpation II	2
MTP 134	Pathology for Massage Therapists	2

THIRD SEMESTER:

A grade of C or better in all MTP courses is required for all students.

Number	Course Title	Credits
MTP 135	Foundations of Massage Therapy III	2
MTP 136	Movement Analysis and Applied Therapies	3
MTP 137	Massage Practice Development	1
MTP 138	Massage Therapy Clinical II	1