

SAMPLE STUDENT

Palatine, IL 60067

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NUTRITION INTERNSHIP

EDUCATION

Harper College, Palatine, IL

Pursuing Associate in Science Degree

Phi Theta Kappa

GPA: 3.8/4.0

Expected May 20xx

Relevant Coursework

Introduction to the Nutrition Profession

Fundamentals of Nutrition

Principles of Food Preparation

Food Science

World Cultures and Food

Sports Nutrition

Nutrition Through the Lifecycles

Community Nutrition

EXPERIENCE

Dietary Aide

Whitehall of Deerfield, Deerfield, IL

May 20xx to Present

- Interview residents to complete nutritional assessment upon check-in
- Assist residents with selecting menus aligned with their dietary needs using strong communication and problem solving skills
- Observe and document food intake and response to care for nursing staff
- Participate in education of residents and patients and their families about nutritional principles, diet regimens and food selection
- Attend care plan and quality improvement meetings to provide input to team
- Collaborate with health and medical professionals, patients and family members

VOLUNTEER EXPERIENCE

Lunchroom Assistant

Little City, Palatine, IL

June 20xx to Present

- Help serve hot lunches and encourage social interaction for residents of the AdultLife Path program
- Assist residents with cleanup and work with kitchen staff to do food preparation and planning

SKILLS

Microsoft Office: Word, Excel and PowerPoint

Strong written and verbal communication skills

Experience working in team environment

Fluent in Spanish and English

ACTIVITIES

Harper College, Palatine, IL

Health Careers and Pre-Med Club – Vice President

August 20xx to Present

- Plan monthly meetings including scheduling guest speakers and activities to meet needs of members
- Take leadership role in coordinating volunteer activities of members