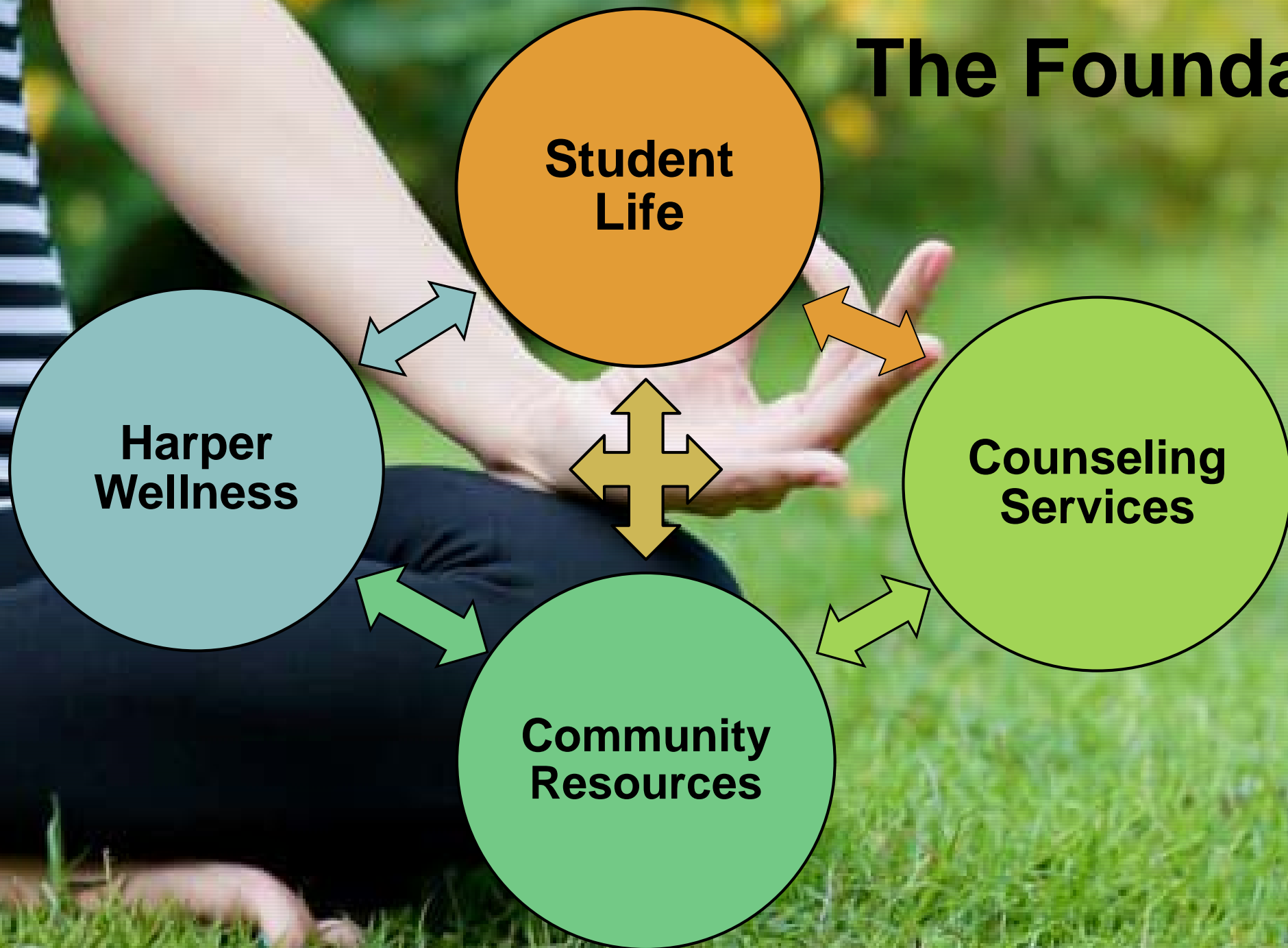


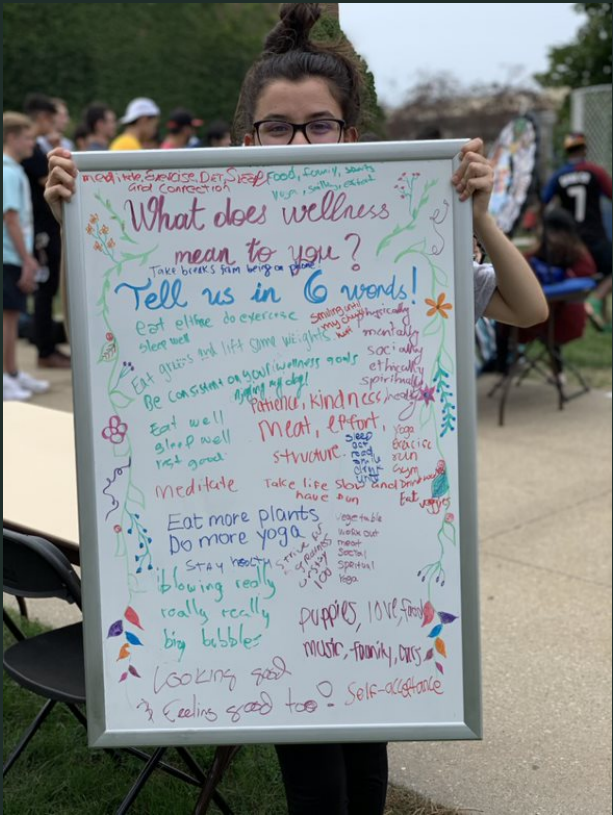
Forming Partnerships to Foster Student Well-Being

# Surviving to Thriving

Sheryl Otto, Associate Provost, Student Affairs; Mary Kay Harton, Dean of Students;  
and Dr. Vicki Atkinson, Dean of Student Development

# The Foundation





## 8 Dimensions of Wellness Website



Social



# 8 Dimensions of Wellness

## *Student Programming Model*

Includes **30** partners

across **15** campus departments

close to **200** FALL events

**50,000+** duplicated student contacts

EXPOSE. EDUCATE. ENGAGE. EVOLVE.

## EVERYTHING

you need to know

### ABOUT INSURANCE

but were too afraid to ask

Everyone, I mean **EVERYONE** needs insurance, now why you ask? Come join us to find out why and how you can strengthen your financial wellness. There will also be refreshments, food, giveaways and prizes! Students, staff and faculty are encouraged to attend.



TUESDAY, JANUARY 28

12 - 1 p.m. @M2008

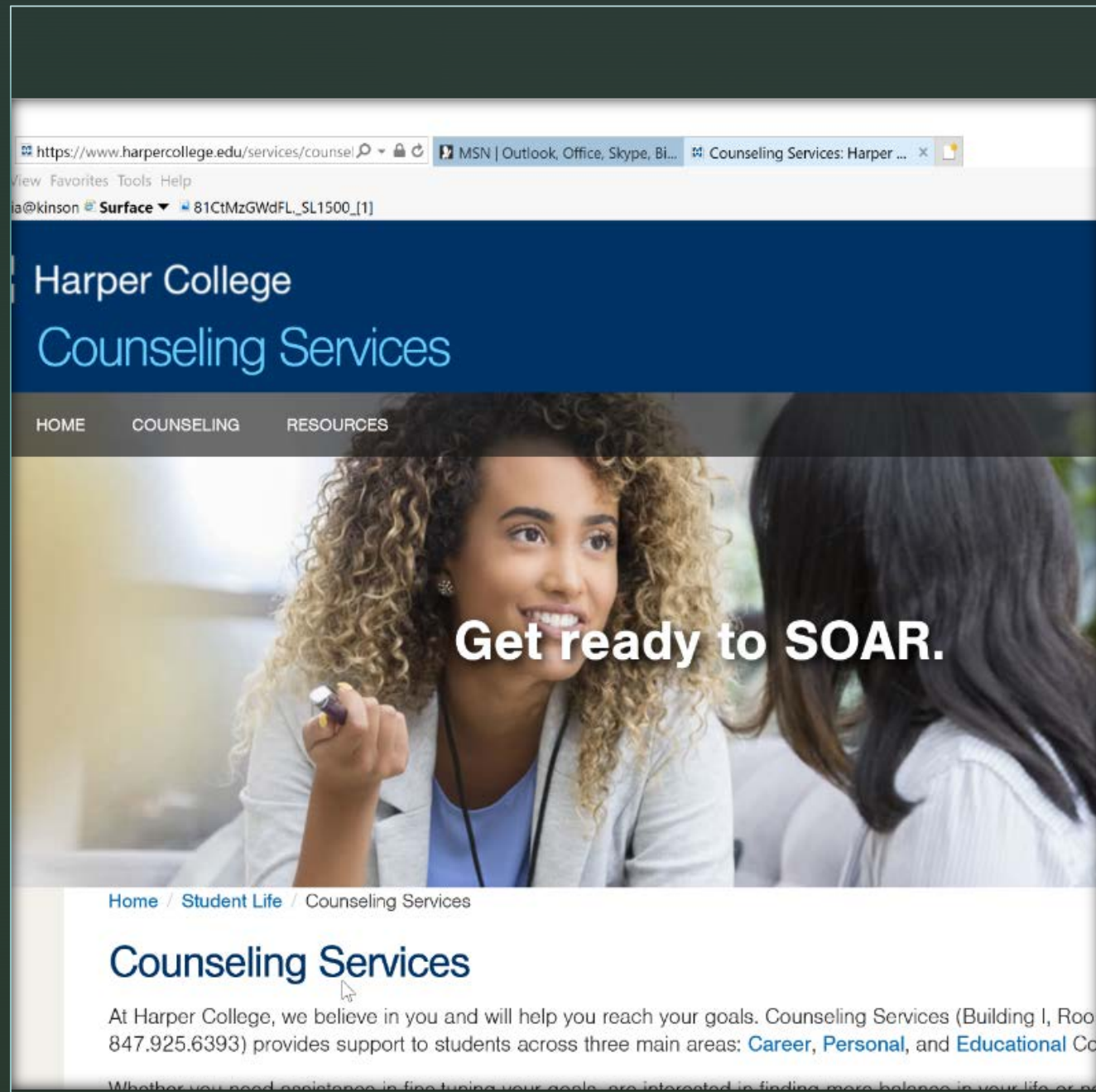
Financial

Physical



# Counseling Services

***We're Here  
for You***



The screenshot shows a web browser window with the URL <https://www.harpercollege.edu/services/counsel>. The browser tabs include "MSN | Outlook, Office, Skype, Bi..." and "Counseling Services: Harper ...". The website header features the text "Harper College" and "Counseling Services" in a blue bar. Below the header is a navigation menu with "HOME", "COUNSELING", and "RESOURCES". The main content area has a large image of two women talking, with the text "Get ready to SOAR." overlaid. Below the image is a breadcrumb trail: "Home / Student Life / Counseling Services". The section title "Counseling Services" is followed by a paragraph: "At Harper College, we believe in you and will help you reach your goals. Counseling Services (Building I, Room 847.925.6393) provides support to students across three main areas: [Career](#), [Personal](#), and [Educational Co](#)". The text is partially cut off at the bottom.

https://www.harpercollege.edu/services/counsel

MSN | Outlook, Office, Skype, Bi... Counseling Services: Harper ...

View Favorites Tools Help

ia@kinson Surface 81CtMzGWdFL\_SL1500\_[1]

Harper College  
Counseling Services

HOME COUNSELING RESOURCES

Get ready to SOAR.

Home / Student Life / Counseling Services

Counseling Services

At Harper College, we believe in you and will help you reach your goals. Counseling Services (Building I, Room 847.925.6393) provides support to students across three main areas: [Career](#), [Personal](#), and [Educational Co](#)

Whether you need assistance in fine tuning your goals, are interested in finding more balance in your life or ne

- **Partnerships and Collaboration** *Wellness and Counseling*
- **Counseling Classroom** “Infusion” Presentations
- **Counseling Workshops and** “Pop Up” Services
- **Individual Counseling Sessions:** *Career, Personal, Educational*

Building & Outreach, 1st Floor

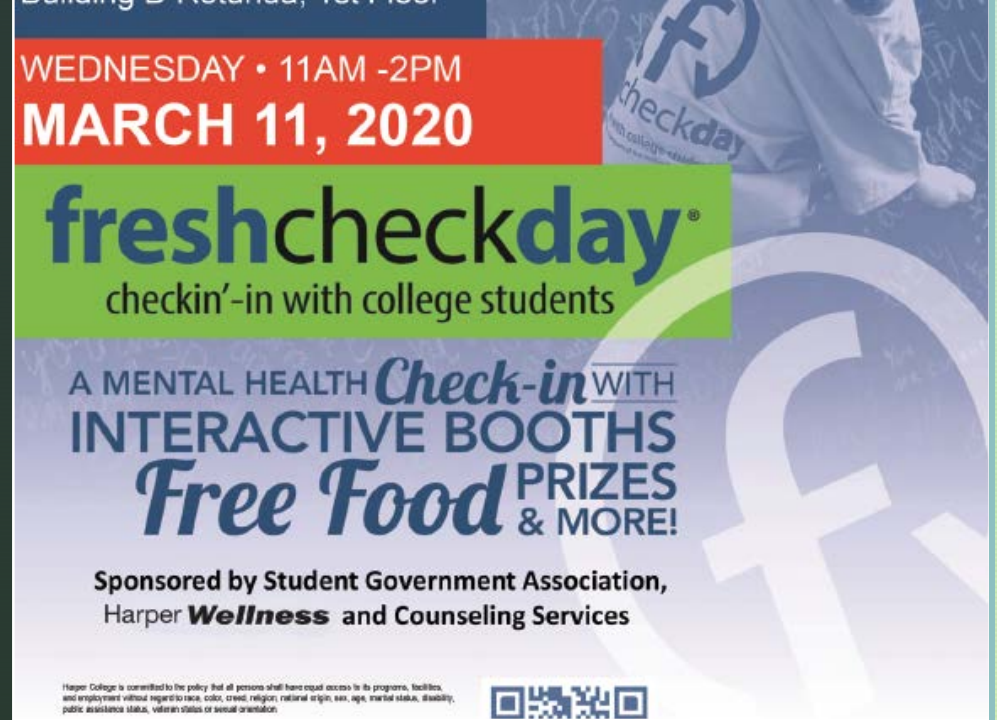
WEDNESDAY • 11AM -2PM  
**MARCH 11, 2020**

**freshcheckday®**  
checkin'-in with college students

A MENTAL HEALTH *Check-in* WITH  
INTERACTIVE BOOTHS  
**Free Food** PRIZES & MORE!

Sponsored by Student Government Association,  
Harper **Wellness** and Counseling Services

Harper College is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status or sexual orientation.



# Mental Health Early Action on Campus Act

*Takes effect July 1, 2020*

Peer Support

Community-Campus Partnerships and Linkages

Online Screening tools

Clinical ratio benchmark goal (1250:1)



Thank  
You

