

## **SALLY FREMONT**

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### **NUTRITION INTERNSHIP**

#### **EDUCATION**

Harper College, Palatine, IL

Pursuing Associate in Science Degree

Phi Theta Kappa

GPA: 3.8/4.0

Expected May 20xx

#### **Relevant Coursework**

Introduction to the Nutrition Profession

Fundamentals of Nutrition

Principles of Food Preparation

Food Science

World Cultures and Food

Sports Nutrition

Nutrition Through the Lifecycles

Community Nutrition

#### **EXPERIENCE**

##### **Dietary Aide**

Whitehall of Deerfield, Deerfield, IL

May 20xx to Present

- Interview residents to complete nutritional assessment upon check-in
- Assist residents with selecting menus aligned with their dietary needs
- Observe and document food intake and response to care for nursing staff
- Participate in education of residents and patients and their families about nutritional principles, diet regimens and food selection
- Attend care plan and quality improvement meetings
- Collaborate with health and medical professionals, patients and family members

#### **VOLUNTEER EXPERIENCE**

##### **Lunchroom Assistant**

Little City, Palatine, IL

June 20xx to Present

- Help serve hot lunches and encourage social interaction for residents of the AdultLife Path program
- Assist residents with cleanup and work with kitchen staff to do food preparation and planning

#### **SKILLS**

Microsoft Office: Word, Excel and PowerPoint

Strong written and verbal communication skills

Experience working in team environment

Fluent in Spanish and English

#### **ACTIVITIES**

Harper College, Palatine, IL

**Health Careers and Pre-Med Club** – Vice President

August 20xx to Present