

# Harper College Transfer Planning Guide

## Associate in Arts – Health Education Sample Plan

### Transfer & Career Notes

Health teacher education programs prepare people to teach health in various settings. Students learn how to promote good health and prevent illness. They also learn to plan courses.

An emerging area in this field is the integration of health information with information technology, known as health informatics. That means computer literacy is vital to health studies students.

Health studies degrees are offered throughout North America and there are many options for specialization.

Students in health education programs learn how to introduce students to physical wellness by teaching them how to live a healthy lifestyle. In order to do this, they study nutrition, physical fitness, and ways to communicate to kids of different ages.

In addition to learning about health science, students take courses in education. They study the ways that people learn and use this information to learn about planning courses and designing teaching materials. Students also learn how to develop and run programs. This sample transfer planning guide meets the requirements of the AA degree and the core general education requirements of the Illinois Articulation Initiative. Transfer institution requirements may vary - students should check individual college/university requirements before completing the sample plan as outlined. Baccalaureate admission may be competitive; completion of these courses alone does not guarantee admission.

### Suggested Courses

This sample transfer planning guide meets the requirements of the Fall 2016 AA degree. Transfer institution requirements may vary - students should check individual college/university requirements before completing the sample plan as outlined. Baccalaureate admission may be competitive; completion of these courses alone does not guarantee admission.

**Requirements for schools vary. Students should check the individual school requirements before completing the curriculum as outlined.**

#### Courses

#### Semester Hours

##### Communications

ENG 101 English Composition I	3
ENG 102 English Composition II	3
SPE 101 Fundamentals of Speech Communication	3

##### Mathematics

MTH 101 Quantitative Literacy	4
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##### Physical & Life Sciences

Select one physical and one life science course. At least one must include a lab. Approved courses are listed with the requirements for the associate degrees. <b>See Group 3 - Physical and Life Sciences - in the AA Degree.</b>	7
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##### Humanities & Fine Arts

Select at least one course from humanities and one from fine arts. Interdisciplinary courses may count in either category. Approved courses are listed with the requirements for the associate degrees. <b>See Group 4 - Humanities and Fine Arts - in the AA Degree</b>	9
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For students following the 2005-2006 catalog or later, one course from humanities and fine arts or social and behavioral sciences must meet the world cultures and diversity requirement.

##### Social & Behavioral Sciences

Approved courses are listed with the requirements for the associate degrees. <b>See Group 5 - Social &amp; Behavioral Sciences - in the AA Degree</b>	9
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For students following the 2005-2006 catalog or later, one course from humanities and fine arts or social and behavioral sciences must meet the world cultures and diversity requirement.

### Major Discipline and Transfer Electives

KIN 120 Nutrition and Exercise	2
HED 200 Health	3
KIN 203 Wellness for Life	3
KIN 202 Standard First Aid	3
HED 201 Drugs in Our Culture	3
HED 202 Human Sexuality	3

Other approved elective (non KIN or HED courses). 6

Approved courses are listed with the requirements for the associate degrees.

**See Group 6 – Major Discipline and Electives - in the AA Degree.**

### Transfer Information

Many schools offer the health education major. A sampling of some in Illinois include:

- Eastern Illinois University
- Illinois State University
- Northern Illinois University
- Olivet Nazarene University
- Southern Illinois University
- Western Illinois University

### More Information

For additional transfer resources and to make an appointment with a counselor, please contact one of our advising offices.

Academic Advising and Counseling	I-117	847-925-6393
Center for Multicultural Learning	A-347	847-925-6522
Career Development Center	A-347	847-925-6220

Occupational Outlook Handbook	<a href="http://www.bls.gov/oco/">http://www.bls.gov/oco/</a>
The Princeton Review	<a href="http://www.princetonreview.com/">http://www.princetonreview.com/</a>
American Association for Health Education	<a href="http://www.aahperd.org/AAHE/">http://www.aahperd.org/AAHE/</a>
Illinois Health Education Consortium	<a href="http://www.ihec.org/">http://www.ihec.org/</a>